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72. **BaHammam A**, Alrajeh M, Albabtain M, Bahammam S, Sharif M. Circadian Pattern of Sleep, Energy Expenditure, and Body Temperature of Young Healthy Men During the Intermittent Fasting of Ramadan. (under review).

GRANTS:

- Establishment of the “The National Sleep Disorders Research Center of Excellence”. Approved. (Grant from King Abdulaziz City for Science and Technology “KACST”)
- Sleep Disordered Breathing in Patients with Acute Coronary Syndrome (Grant from King Abdulaziz City for Science and Technology “KACST”)
- Signal failure of Type Unattended sleep studies (Grant from King Abdulaziz City for Science and Technology “KACST”)
- Sleep quality of patients with acute coronary syndrome outside the CCU environment. (Grant from King Abdulaziz City for Science and Technology “KACST”)
 - The effect of Islamic fasting on Daytime Sleepiness and Melatonin Circadian Rhythm (Grant from College of Medicine Research Center “CMRC”)
 - Lipid Peroxides in asthmatic patients (CMRC)
 - Chronotype in Muslims and non-Muslims during Ramadan (CMRC).
 - Lipid Peroxide in sleep apnea patients (CMRC).
 - Circadian pattern in patients with acute coronary syndrome (CMRC)

Programs established or reviewed:

- **Fundamental Critical Care Support Course (FCCS):** Established the FCCS Course in Saudi Arabia as the 5th country in the world to start this course (1998) and then participated in establishing this course as a National Program. www.sccm.org/FCCS_and_Training_Courses
- **Saudi Thoracic Society (STS):** A founding member of the STS and a member of the founding board. <http://www.saudithoracic.org/>
- **King Saud University Sleep Medicine Fellowship:** as the 1st Sleep Medicine Fellowship in the region. <http://sleep.ksu.edu.sa>
- **Polysomnography Course and Workshop programs.** <http://sleep.ksu.edu.sa>
- **The Saudi Sleep Medicine Group (SSMG):** A founding member of the group. <http://www.saudisleep.org>
- **Respiratory Therapy Program** (four-year, program leading to the Bachelor of Science degree). King Abdullah Institute for Research and Consulting Studies, King Saud University. <http://www.ksu.edu.sa/ms/Pages/ms04.aspx>

Web sites:

- **Sleep in Health and Disease:** sleep-sa.net
- **The University Sleep Disorders Center:** sleep.ksu.edu.sa
- **Prof. BaHammam web page at King Saud University Web site:** faculty.ksu.edu.sa/ahmedbahammam